

AAGC SUMMER SCHOOL

BOOK
ONLINE
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January 2022

1 hour workshops:

Members \$29, Non Members \$33



Lyra Hammock (LAMMOCK!) Intro: An introduction to new, creative ways to work around the lyra with a hammock attached at the top!

Level Prereq: Completed up to L2 AAGC Lyra &/or Silks (or equivalent elsewhere)

Dance Trapeze Chorey: Learn a beautiful, flowing routine with our resident dance trap specialist Darcie! For intermediate - advanced level aerialists with some basic trapeze knowledge.

Intro to Dance Trapeze: An introduction to the wonderful world of dance trapeze.

Level Prereq: Completed minimum 1x 10 week term of beginner silks/lyra at AAGC or equivalent.

Intro to Rope: An introduction to the exciting opportunities of aerial rope. Learn the basics of this diverse apparatus with Rony! Level Prereq: Completed minimum 1x 10 week term beginner silks. Suitable for Beg-Inter level aerialists that are new to rope.

Intro to Dynamic Rope: Dabbling with dynamics on silks and want to take it further? This is for you! Learn dynamic fundamentals and awesome sequences in this exciting workshop with our dynamic rope master Rony!

Level Prereq: Experience with basic beats on vertical apparatus: bells, turn pikes, front back beats.

Suitable for Inter-Adv level silks students

Day Camp (9-17 yrs): Everything aerials from 9am-3pm! (See website for info: [Day_Camp](#), not suitable for beginners)

Half Day Camp (5-8 yrs): 3.5 action packed hours of aerial circus fun! No experience required, all levels catered to.

Adults Aerial Playground: 2.5 hours exploring new, unique and diverse aerial apparatus!

Level prereq: Completed minimum 1x 10 week term beginner silks/lyra at AAGC or equivalent

